

The Coaching Revolution

Coaching is a revolutionary way to help others grow faster, reach higher and fulfill their destiny. Coaches are change experts, and coach training provides the practical tools and relational disciplines that can help unlock your leaders' full potential. If you'd like to transform your organization with cutting-edge coach training, the ACT program from Transformational Leadership Coaching (a world leader in professional Christian coach training) may be the answer.

Real Training for Real Coaches

This accelerated training program is designed for those who want to coach a few people at a time or coach in a volunteer role. Designed around the same exercises, role plays and one-on-one coaching approach we use to train professional coaches, the ACT program offers the kind of serious training that gets lasting results, but within an accessible time frame. We'll have a group of your leaders coaching effectively in only 9 weeks, then follow up with 12 more weeks of ongoing support to get them off to a great start.

The ACT program is perfect for:

- Small group leaders/overseers
- Church or parachurch staff
- Ministry team leaders
- Businessmen or managers
- Anyone who wants to coach!

Program Overview

The ACT program consists of two distinct phases. The initial nine-week "Training Phase" begins and ends with two day-long, interactive workshops. These fast-paced skill sessions feature real-life role plays that model key coaching concepts. Then everyone gets a chance to hone that new skill and get constructive feedback in peer breakout sessions.

During the eight weeks between the two workshops, you'll participate in weekly group skill sessions and one-on-one peer practice sessions.

Follow up application exercises help you integrate coaching practices into your current roles and relationships. This "Tell, Show, Practice, Apply" training method (based on solid adult learning research) is much more effective than hours of lectures. By the time you are done with the training phase you'll be ready to launch into coaching!

What You'll Learn

The ACT program focuses on the change tools and relational skills needed for excellent coaching:

- Building authentic relationships
- Asking powerful questions
- Intuitive listening
- Healthy, empowering accountability.
- The core coaching values & learning paradigm.



The ACT Training Manual

Support While You Coach

It takes more than just being told how to do something to succeed at it. For example, only 10% of those who attend corporate training events ever actually apply *anything* they learn to their jobs. The absence of on-going support greatly decreases the impact of the training. The lesson is that we need someone to walk with us while we make the change.

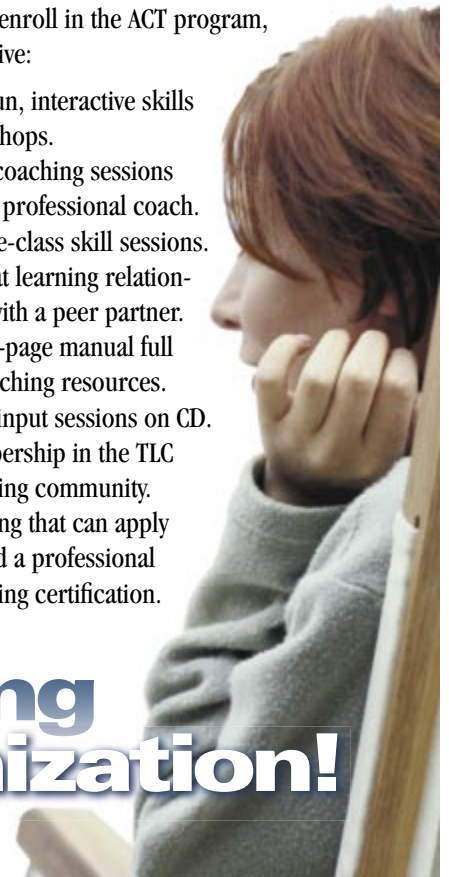
To ensure your coaching success, the ACT program follows up your training with 12 weeks of structured support while you coach. This "Support Phase" takes only about an hour a week, includes monthly coaches' meetings and skill sessions, and lets you experience being coached by a professional coach.

What You'll Receive

When you enroll in the ACT program, you'll receive:

- Two fun, interactive skills workshops.
- Four coaching sessions with a professional coach.
- 14 tele-class skill sessions.
- A great learning relationship with a peer partner.
- A 100-page manual full of coaching resources.
- Eight input sessions on CD.
- Membership in the TLC coaching community.
- Training that can apply toward a professional coaching certification.

**Unleash the Power of Coaching
in your organization!**



What People Are Saying

"[TLC training] is a very well developed model for coaching that I'm very impressed with."

Gary Collins

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"This is world class – this is state of the art! [TLC] is going to rapidly advance leadership development."

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"That workshop was like a landmine going off in our leadership—in a good way! I've got page after page of positive feedback from people sitting here on my desk. It blew such a hole in our paradigm everybody is looking around and saying, 'Gosh, we've got to fill that hole!'"

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"I looked at different coach training programs pretty extensively when I was researching this...and there is nothing out there that had this kind of detail on paper... I wish we could start a church based around this."

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"It was fun, and the most effective training I've ever experienced."

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"I recommend TLC highly. Although I have only one other coach training program to compare it to, I think TLC is head and shoulders more effective and professional."

How Coaching Works

A coach is a personal change expert. In the same way that personal trainers help pro athletes achieve maximum performance, a personal coach walks alongside you to help you get the most out of life. We were not designed to live alone: in fact, we can only reach our full potential by inviting the influence and help of others into our lives. Coaching supplies the support, encouragement and accountability we need to change within a relationship of trust and respect.

For Information, Contact:



Transformational Leadership Coaching offers Christian coach training programs and coaching materials worldwide.

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The
**ACT
Program**

**Accelerated Coach
Training from TLC**